

Parent/Student Acknowledgement Form

Partial Reinstatement of Fall Athletics, Performing Arts, and Co-curricular Activities

The Fontana Unified School District (District) is pleased to announce the partial reinstatement of its fall athletics. Fall athletics are permitted to resume are determined according to strict adherence to Federal, State, and County public health orders, measures, and other guidance. Health and safety of the students and staff is the primary objective of the District in reopening schools and reinstating fall athletics. The primary purpose of focus of the athletic programs is on conditioning and cardiovascular development of our athletes in preparation for future full reinstatement of athletic programs.

Participation in Fall athletics is voluntary. To help students and parents/guardians understand both the potential risks of participating in these student activities during pandemic conditions, as well as the precautionary measures implemented by the District in response, students and parents/guardians are urged to read and consider the following when deciding whether to return to school for Fall athletics. You are required to sign and return the following acknowledgement and release, if your child intends to participate in athletics and/or activities programs, prior to your child's participation.

Risks of Exposure to COVID-19

As you are likely aware and understand, COVID-19 is a new disease and information regarding risk factors associated with this disease is limited. At this time, the Centers for Disease Control (CDC) believe that people of all ages are at risk of experiencing severe symptoms from COVID-19, though older adults and people with serious underlying health conditions may be at a higher risk. While the District has taken drastic and unprecedented measures to try to reduce the risk of COVID-19, it is unfortunately impossible to guarantee our students protection from all risks of COVID-19 exposure.

With this knowledge, you may determine that it is essential to the physical and mental well-being of high school students to return to physical activity and athletic competition as part of the students' growth and development. Additionally, as recommended by the CDC, the California Department of Education, and San Bernardino County Department of Public Health, there are a number of actions school districts can take to help lower the risk of COVID-19 exposure and reduce the spread during activities, competition, rehearsal, and practice. Therefore, it is the District's goal, through implementations of the protocols described below, to lower the risk of COVID-19 exposure and reduce any potential spread to the maximum extent possible. Following up-to-date guidance on physical school reopening and youth sports organization from the

CDC, California Department of Education, and the California Department of Public Health, as well as the latest guidance on opening up high school athletics and activities from the National Federation of State High School Association. To ensure that the implemented protocols are effective efforts to protect our students and staff, it is important that every participant of the District's fall athletics, performing arts, and co-curricular activities (including the coaches and students) proactively and strictly follow the protocols, described in detail below.

Student and Parent/Guardian Responsibility

By permitting my student to participate in the District's fall athletics, I acknowledge and agree to all of the following protocols:

All Fall Athletics:

- All students will be required to turn in a signed waiver before they are permitted to participate.
- All students will be pre-screened for COVID-19 symptoms and contact with individuals having COVID-19 (or symptoms) and have their temperature taken. Any individual with a fever, symptoms, or associations with those with COVID-19 will not be permitted to practice.
- COVID-19 testing may be required for participation in athletics and in competition.
- Test results reported as "presumptive positive" or "inconclusive" should be considered the same as "positive" with regard to further testing, treatment and screening.
- Athletes who test positive may be required to submit to another physical to ensure that that they remain physically able to endure the rigors of athletics.
- When not actively engaged in athletic or musical activities, masks must be worn by students and staff, social distancing must be enforced, and hygiene basics adhered to in all situations.
- Hand sanitizer will be provided in common areas.
- Individuals should hand sanitizer or wash their hands for a minimum of 20 seconds with water and soap before touching any surfaces or participating in meetings, practices, or rehearsals.
- All students and staff are required to hand sanitize or wash hands upon entry to the school campus.
- All practices and activities will be closed to the public, family, or associates of staff or students.
- Hydration stations (water trough, water fountains, etc.) should not be utilized. Each student shall bring their own water bottle for their use only.
- People will not be allowed to gather indoors, whereas no more than 50 people may gather outdoors at one time.
- The standard of 6-feet in social distancing must be maintained at all times during any activities on campus (including outdoors, classrooms, hallways, entrances/exits, common spaces of any kind, and offices). Locker rooms are not permitted for use at this time.
- Physical contact such as high-fives, fist/chest bumps, and hugs should not

be allowed.

- To the extent possible, workouts will be conducted in "pods" of students with the same 5-10 students always working out together.
- Prior to individuals entering the facility, hard surfaces and frequently used areas will be wiped down and disinfected; equipment with holes/exposed foam will be covered up.
- No shared towels, clothing, shoes, water bottle, or use of drinking fountains will be permitted.
- Cancellation of training or contests, as well as the possibility of teams isolating for 2 weeks, may occur with little notice as a result of recurrent outbreak or knowledge that a coach or athlete has contracted or is exhibiting symptoms of COVID-19.

Athletic Specific Activities:

- Physicals shall be required prior to student participation in partial reinstatement activities and practices.
- All coaches and students are encouraged to practice good hygiene, including proper handwashing, coughing and sneezing etiquette, wiping down weight equipment thoroughly before and after individual use, showering, and washing workout clothing immediately upon returning home.
- All coaches and students are encouraged to don attire that limits sweat transfer.
- Masks are required to be worn by students with the exception of swimming, distance running, or other high intensity aerobic activity.
- Equipment must be cleaned intermittently during practice and competition.
- Maximum lifts must be limited, power cages should be used where applicable, and if spotters are needed, spotters should stand at each end of the bar to maintain social distancing.

My signature below indicates I have read this acknowledgement and agreement form, understand, and agree to allow my student to participate in the athletic program and/or activities program and agree to comply with all Fontana Unified School District protocols implemented as part of the reinstatement of the athletic and/or activities program.

Parent Signature _____ Date _____

Student Signature _____ Date _____

Printed Student Name(s) and DOB: _____