**Student Athlete Clearance**

**Student Athletes are only cleared to participate in a sport when ALL of the following steps are completed:**

1. **Online clearance** 
   1. Must be filled out at <https://athleticclearance.com/>
   2. You must set up an account on this website for the state of California. Pay very close attention to the YEAR you are signing up for, the school (Summit CIFSS) and the sport.
      1. Under Step #4 of the online Athletic Clearance, your PARENTS sign for the first round of signatures, students sign the second round of signatures. This means there needs to be a parent AND a student signature for each form (electronic signature = first AND last name; DO NOT INITIAL).
2. Participation physical evaluation – **Physical Examination form**
   1. Students must take a yearly physical examination prior to trying out. Physicals are good for 1 calendar year.
   2. The physical MUST have a physician’s/clinic’s stamp and signature for it to be considered valid, and the date of the examination.
3. **Health History Form**
   1. Must be filled out to the best of yours and your parents’ knowledge.
   2. Signed by both the PARENT and Student-Athlete on the bottom of the form.
      1. Don’t forget to date it.
4. **Concussion Information Sheet**
   1. Student-athlete must print, sign and date the form **AFTER** reading the Concussion Information that is part of the Online Clearance forms.
   2. Parent/legal guardian must print, sign and date the form as well, again, **AFTER** reading the Concussion Information online.
5. A photocopy of your **INSURANCE CARD**
   1. This must have the **student’s name** on it or we need documentation that student is covered under the parent’s policy.
      * Blue Cross/Blue Shield is usually the one that most commonly has this issue… because they do not issue a separate card for each member of the insured’s family, we will need the additional documentation showing the **student** is insured.